Southwick Public Library

Member of CWMARS and Member of the Massachusetts Library System

Library Links

May 2024



Mass Kids Lit Week Event: Ages 6 and up 5/6 @3:30 Registration Required

David Kelly, author of "Tee time on the Moon" and over 30 children's books that have sold over 1.5 million copies, including his bestselling Ballpark Mysteries, will visit the Library. His latest picture book takes readers to the Moon with Alan Shepard as he hits two golf balls during the Apollo 14 mission. Come meet David and enjoy some refreshments.



The Library will be closed on Monday, May 27 in observance of Memorial Day.



Artist of the Month: Watercolor Club at Powder Mill Middle School



The Board of Trustees will meet Tuesday May 7, 7pm

The Friends of the Southwick Public Library will meet Wednesday May 8, 5:30pm

Programs for Adults:

May 7, 7:00pm Evening Book Club

All are welcome to join the Evening Book Club. May's book is "The Second Life of Mirielle West" by Amanda Skenandore. Registration is not required. Please register if you would like your email added to our email list!

May 8, 6:30pm Cactus Painted Rocks

Join us for May's adult craft: Cactus Painted Rocks. Participants will paint and decorate rocks to create a beautiful display in a ceramic planter. Registration is required as supplies are limited.

May 14, 10:00am Daytime Book Club

All are welcome to join the Daytime Book Club. May's book is "The Kew Garden Girls" by Posy Lovell. Registration is not required. Please register if you would like your email added to our email list!

May 20, 6:30pm Craft & Chat

Join us for an evening of crafting and catching up. Coloring supplies will be provided, but you're welcome to bring in any craft project that you're working on.

May 28, 6:30pm Cookbook Club

Each participant is asked to make one regular sized recipe so everyone can taste. If you'd like to attend, please contact the library at 413-569-1221 or email southwicklibrary@comcast.net. Email the library your recipe name. Please be advised: neither the food served at the cookbook club, and prepared in home kitchens, nor the facilities have been inspected by the state or local public health agency.

May 22, 6:30pm

Boost Your Brain Health by Eating Well-

There is no question that eating a diet rich in brain healthy foods can benefit people at any and every age. It reduces inflammation, regulates blood sugar, promotes heart health and scientists are now finding it may have an effect on delaying the symptoms of Alzheimer's disease. Hear from experts why making more healthful and mindful food choices can benefit you. At the completion of this presentation, participants will be able to...

- 1. Describe the scientific connection between diet and cognitive health.
- 2. Describe the elements of the Mediterranean diet and their impact on brain and overall health.
- 3. Use brain-healthy, Mediterranean-style ingredients in everyday meals.

Please register for this program.

2024 Annual Survey

Please take a moment to complete our annual survey. Open

the QR code for our survey. Paper copies will also be available at the library or town hall. The survey is also linked on our website. Survey results will help us continue to improve our services and learn more about what our community needs from the library. Thank you!



leens

Register for events on Event Keeper: https://tinyurl.com/SouthwickEK

Teen Hangouts:

Join us in the community room for fun and snacks from 2:15-3:15PM.

- May 2
- May 9
- May 16
- May 23





Children's Room



Smokey the Bear Reading Challenge: Ages 4 and up.

•5/1-5/31 Registration Required to participate

Sign up on the Read Squared App using the QR code on the left or stop by the Children's Room to learn more!



•5/6 @3:30 Registration Required

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Stories and Song: Baby Play Group: For Ages 0-2 with Caregiver

•5/7 & 5/20 @10:00am Registration encouraged



smakey Bear

Time for babies and caregivers to socialize and play. Tina brings toys, stories, and songs to share.

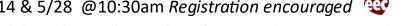
Toddler Storytime: For Ages 18m-2 years with Caregiver

•5/9 @10:30am: "Seed, Sprout, Grow!" Registration encouraged

Build early literacy skills through movement, rhymes/songs, and a story. Followed by parachute play. Approximately 20 minutes.

Story Yoga: Ages 2-5

•5/14 & 5/28 @10:30am Registration encouraged



Bend, breathe, and stretch with Lisa in this movement based Storytime. Registration encouraged.

Mix It Up Storytime: For Families (target ages 2-5)

•5/21 @6:30pm: "In Praise of Pollinators" Registration encouraged

We'll explore the important jobs pollinating insects do through stories, music/movement, and a craft.

Preschool Pals: Ages 2-5

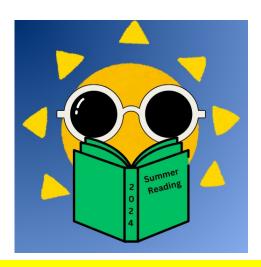
•5/24 & 5/31 @10:00am Registration Required



This group provides fun activities to learn through play. Areas of development explored include: Early literacy, fine motor development, math, art, and Social Emotional skills. We will integrate the ASQ into this playgroup each week.



Mark your calendars for our Summer Reading Opening Day: Saturday June 29 from 10am-12:30pm!



Southwick Public Library

95 Feeding Hills Rd Southwick, MA 01077

Phone:

413-569-1221

E-mail:

southwicklibrary@comcast.net

Official Website:

www.southwickma.org/library

Find us on Facebook & Instagram!

Monday & Tuesday 10am-8pm Wednesday 1pm-8pm Thursday & Friday 10am-5pm Saturdays 10-1



To Sign up for Newsletters and Event emails use the QR code above.

