



COMMONWEALTH OF MASSACHUSETTS
Town of Southwick
Council on Aging
454 COLLEGE HIGHWAY, SOUTHWICK, MA 01077
Telephone (413) 569-5498 Fax (413) 569-5327
Town Web Address: www.southwickma.org
E Mail Address: Councilonaging@southwickma.net

COUNCIL ON AGING BOARD MEETING
Monday May 8, 2023 at 12:30pm

Meeting called to order by Paula LeBlanc at 12:30pm in the Land Use Room

Present: Donna Foisy, Harvey Holm, Carol Laughlin, Jack Poci, Associate members Elaine Boucher & Harriet Fischer and Director Cindy Sullivan

Zoom: Theresa Rogers at 12:35pm and leaving zoom at 1:10pm

Absent: Carol Smith

Public Participation: None

Minutes Reviewed:

April 2023 minutes were reviewed. Motion to accept by Jack Poci and second by Carol Laughlin. Motion accepted by roll call vote.

New Business:

A. Gardening Club

Meeting with Select Board May 22, 2023 for approval to move forward, if we get grant, to go into collaboration with Greater Westfield Boys and Girls Club an intergenerational gardening club. It is in the infant stage and hoping for raised beds on the south side for growing vegetables to be used in the dining room and by the Boys and Girls club.

B. Pickle ball

Instructional class going strong with 16 active participants. In the process of writing a CPC Grant with Park and Rec for courts at the Senior Center and Whalley Park. A motion to apply for courts at the Senior Center was made and accepted by Paula LeBlanc and second by Jack Poci. Motion accepted by roll call vote.

C. Moving COA downstairs

Beginning June 5, 2023 COA will temporarily move downstairs for 1-4 weeks. This will be challenging and Director Cindy Sullivan will keep updating timeline while roof and HVAC is being done on the building.

D. Purchases to finish FY24

Suggested purchase were pickle ball equipment and stove in kitchen.

E. Update on Classes, Dining Room, Brown Bag, and Finances

1. Aerobics will be continued for the summer and classes will be addressed to instructors who wish to continue also.
2. Dining Room is the same with 10-12 participants. Will see what happens when downstairs next month.
3. Brown bag still small with 23 bags and plenty of volunteers.
4. Finances on budget presented in Town Meeting being held on May 16, 2023. There is a lot on the May 16th Town Meeting for approval.

Old Business:

A. Volunteer Luncheon

Pens will be token at luncheon on May 23, 2023 at Tucker's. The High School Chorus will sing for entertainment.

B. Benson's BBQ

BBQ will be on June 14, 2023 from 11am at Whalley Park. Registration cost is \$3. There will be baby goats and Joe Deedy will once again offer free ice cream. There will be no band this year but the line dancing class will perform. Volunteer help can start at 9am to set up and decorate.

C. Joyce Bannish Reception May 11, 2023 at 11:30am

Elaine Boucher and Harriet Fischer have volunteered to bring some baked goods.

Motion to adjourn at 1:16pm by Jack Pocai and second by Donna Foisy. Motion accepted by roll call vote.

Next Meeting, Monday, June 12, 2023 at 12:30 pm.

Respectfully submitted,

Donna Foisy

