



COMMONWEALTH OF MASSACHUSETTS
Town of Southwick
Council on Aging
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COUNCIL ON AGING BOARD MEETING
Monday September 12, 2022 at 12:30pm

Meeting called to order by Paula LeBlanc 12:30 p.m. in the Land Use Room

Public participation - none

Present: Paula LeBlanc, Donna Foisy, Harvey Holm, Theresa Rogers, Jack Pocai, Associate members Elaine Boucher and Harriet Fischer and Director Cindy Sullivan
On Zoom: Carol Smith

Absent: Carol Laughlin

August minutes were reviewed. Motion to accept by Jack Pocai and second by Theresa Rogers.
Motion accepted by roll call vote.

New Business:

A. Age Friendly Communities

Becky Basch from Pioneer Valley Planning Commission (PVPC) discussed and brought information regarding the resolution and adoption of Age and Dementia Friendly Designation. Cindy Sullivan noted that Southwick was in need of more affordable and equitable housing. Will need to establish a way either by focus groups or panels to include older residents in the planning of Master Plan.

B. Nomination and Election of Board Officers

Motion to nominate Paula LeBlanc as Chairperson by Donna Foisy and second by Theresa Rogers.

Motion to nominate Carol Laughlin as Vice Chairperson by Paula LeBlanc and second by Donna Foisy.

Motion to nominate Donna Foisy as Secretary by Paula LeBlanc and second by Theresa Rogers.

A motion was made by Paula LeBlanc to create a slate of Officers and second by Theresa Rogers. Roll call vote accepted motion.

C. Flu Clinics (sponsored by Park and Rec)

October 1, 2022 Community Flu Clinic to be held with online registration.

October 20, 2022 Flu Clinic at Senior Center from 9 to 12. Forms available.

D. Friends Tag Sale on October 1, 2022

This is being held same day as Community Flu Clinic because of increased foot traffic.

E. Veteran's Day Breakfast November 10, 2022

Breakfast served from 8:30am to 9:30am and free to veterans and \$2 for others.

F. 100 Birthday Celebration November 16, 2022

We have three persons celebrating 100 this year and a luncheon from 11am to 1pm for the celebrants and five of their guests will take place. A Motion was made by Paula LeBlanc and second by Jack Pocai to take \$200 from Gift account. Motion was carried by roll call vote.

G. Update about programs

1. Dining room - attendance still varies but going well.
2. Brown Bag - no issues.
3. Transportation - going good with new FRTA software.
4. Finances - good
5. Classes - classes started back up today

Old Business:

- A. Welcome Back Event - this event was held on September 7, 2022 and went well. The first event a pancake breakfast had around 30 seniors. The second event Meet and Greet was light. Next year will combine with breakfast. The third event lunch and ice cream social well attended with around 30 participants. And lastly bingo from 1pm to 3pm was full with around 30 attendees also.

Motion to adjourn at 1:15pm by Jack Pocai and second by Theresa Rogers. Motion accepted by roll call vote.

Next Meeting, Monday, October 10, 2022 at 12:30pm.

Respectfully submitted,

Donna Foisy