



COMMONWEALTH OF MASSACHUSETTS  
Town of Southwick  
Council on Aging  
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**COUNCIL ON AGING BOARD MEETING**  
Monday October 18, 2021 at 12:30pm

Meeting called to order by Paula LeBlanc 12:30 p.m.

No Public participation.

Present: Paula LeBlanc, Harvey Holm, Theresa Rogers, Donna Foisy, Donna Charron, Harriet Fischer, Carol Laughlin and Director Cindy Sullivan

Absent: Jack Poci

Minutes: reviewed and accepted. Motion made by Donna Charron and seconded by Theresa Rogers, accepted unanimously.

**New Business:**

Update from COA director:

Wrote a grant as a co-applicant with Park & Rec for a magician. This event will include both seniors and students. Date to be announced.

Holiday in person party was discussed with a December 15<sup>th</sup> date, contacted Tucker's. Right now restrictions are 100 persons. Most likely expect between 60-70 people. Planning will be based again by state Covid regulations. Food will be pre-packaged. No buffet.

Volunteers to ask businesses on list from Cindy for donations:

Donna Charron/driver Carol Laughlin

Harvey Holm

Theresa Rogers

Harriet Fischer

Cindy Sullivan will do some off list

Paula LeBlanc offered to make baskets

Ideas are needed for requests from Friends Group, will put some thoughts together. Possibly a basket for Holiday party.

### **Update about Programs:**

Dining room- grab and go hot lunches for pick-ups and in person fluctuates depending on what is being served each day.

Brown Bag- twenty six bags made up, numbers somewhat down but going smoothly.

Transportation -Ken Johnson leaving November 16th. FRTA looking for a new driver and advertising locally.

Finances - still fine. Currently now combining both departments, COA and Park&Rec for 37 hours.

Classes - Going well. Zumba teacher on leave in February, Cindy will provide video class in the room free of charge to participants. They will watch a video of the class in the exercise room so class can stay together.. Class participants have asked for another day, if possible, so that they can continue with 2 days of classes.

### **Old Business:**

Companion Program will be in November Newsletter and hopefully will start sometime in January. We need the Attorney to approve program specifics regarding liability,etc. Grant will be used to offset mileage payments.

Senior Helping Seniors meeting had 13 seniors sign-up for the Fall Clean-Up/Snow removal. Most signed up for raking which is being scheduled for October 30th and November 20th. Chief Landis volunteered to pick up the leaves at senior homes designated and bring to transfer station. Hopefully will also have a Spring Clean-up.

Flu Clinic had 100 people with the oldest being 101, went very well.

Motion to adjourn at 1:00pm by Theresa Rogers seconded by Harriet Fischer, accepted unanimously.

Next Meeting, Monday, November 8, 2021 at 12:30pm.

Respectfully submitted,

Donna Foisy

