



COMMONWEALTH OF MASSACHUSETTS
Town of Southwick
Council on Aging
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COUNCIL ON AGING BOARD MEETING
Monday January 11, 2021 at 12:30pm (ZOOM)

Zoom Meeting called to order by Paula LeBlanc 12:39 p.m.

Present: Paula LeBlanc, Carol Laughlin, Jack Poci, Harvey Holm, Theresa Rogers,
Associate member Donna Foisy and Director Cindy Sullivan

Absent: Donna Charron, Patti Phillips and associate member Harriet Fischer.

Public Comment: none

Minutes reviewed and accepted. Motion made by Theresa and seconded by Jack
Accepted unanimously by 4 roll call with Paula LeBlanc abstaining

Bills: none for review

New Business:

Update from COA director:

Peggy Lis will be doing a presentation at a date to be announced.

Mrs. Murphy's Donuts— COA will work with them to have donuts. Participants will order
the donut they want and it will be handed out with lunch. Presently Mrs. Murphy's is
closed, but will be set up once they are opened.

Update on programs:

Dining rooms - grab and go lunches, about 20-25 participants and about 30 Meals on
Wheel deliveries. Mike retired after 15 years of delivering meals. He received a gift
card to Tuckers from the COA staff and COA board; Harvey Holm is the lead driver.
Three new people have been hired to drive, Bob Stevens, Mary Kibby, and Phyllis
Wheeler. Judy Asselin and Maryanne Philo have volunteered to deliver on Thursdays
together.

We have 2 drivers per day delivering.

Transportation – FRTA van is still being used with 2 people per ride, wearing masks and socially distanced. Cindy will be using the volunteer van to drive some seniors around to get them out of the house; many have not really been out and are lonely. Claire is her first person; going to Bernie's to pick up her lunch and enjoying the chance to get out.

Finances - are in good shape, looking for more donations for bingo prizes. Budget is coming soon. The formula grant increased to \$12 per person from \$10.

Classes - starting in February, Chi-Gong, Line Dancing, Chair Yoga and Yoga will be on Zoom and live streamed on Channel 15. Money left for classes, so instructors will be paid to come into center and film the class. Donations for the classes will be accepted. At the end of March beginning of April hopefully the tents will be put back up to continue classes. Zumba is still being held outside at Whally Park with Rebecca.

Taxes - Mid-February tax preparation will start. It will be done by drop off, and people will be called the same day to pick up taxes when they are done.

Old Business: none

Motion to adjourn by Theresa, seconded by Harvey.
Accepted unanimously by rollcall

Next Meeting Monday, February 8, 2021 at 12:30pm.

Respectfully submitted, Carol Laughlin

