



COMMONWEALTH OF MASSACHUSETTS  
Town of Southwick  
Council on Aging  
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## COUNCIL ON AGING BOARD MEETING January 13, 2020 at 12:30pm

Meeting held at Senior Center Meeting Room, called to order by Paula LeBlanc 12:35 pm.

Present: Carol Laughlin, Donna Charron, Jack Pocal, Patti Phillips, Theresa Rogers, Associate member Harvey Holm and Director Cindy Sullivan

Absent: Associate members Nancy Bailey, Roy Benson and Harriet Fischer

Public Comment: none

Minutes reviewed and accepted. Donna made motion, Jack second, unanimously approved.

### **New Business:**

Seniors Helping Seniors – Cindy has a meeting at the High School 7:00am on Tuesday in reference to the program. National Honor Society members can receive points for participating in this program. May ask the Southwick Civic Fund run by Joe Deedy to help acquire shovels, brushes, ect for teens to use. Also will look at other options.

Budget – Cindy to get in touch with Erica Johnson for possible Grants for water fountain at center and help pay for reconfigure space around community room to give more usable room.

Associate members – positions are available

Classes – filling up, Renee will be doing mindfulness class on Friday February 28<sup>th</sup> at 10:45am (free).

Dining Center – numbers are down, it's that time of year for sickness; people don't come out as much. Brief ceremony on February 10<sup>th</sup> to thank Denise Hills-McGarry for doing the Heimlich maneuver on a participant during lunch.

Brown Bag – doing fine, did 36 bags, people are picking up. Cindy's reminder call does help.

Finances – will be using money from the Christmas party raffles to purchase cooler glue guns for people to use in arts and crafts program.

### **Old Business:**

Christmas party suggestions for next year, may ask pen pals class to come to party and sing a song with High School Chorus and possibly for seniors to sing along as well.

Thank you notes were mailed out to businesses and put in newsletter also.

### **Upcoming Events:**

February 14<sup>th</sup> – chicken dinner, leg and thigh, rice or stuffing. Golden Years will do ice cream social. Cost \$3.00.

March 17<sup>th</sup> – Homemade soups.

April 16<sup>th</sup> – Laurie Fiesta will sing for us after lunch.

May 2<sup>nd</sup> – lobster truck in parking lot.

Around Memorial Day, TBA breakfast in dining room, veterans eat free.

Motion to adjourn at 1:10pm. Donna made motion, Jack second, unanimously accepted.

Next meeting will be held February 10, 2020

Respectfully submitted,  
Patti Phillips