



COMMONWEALTH OF MASSACHUSETTS  
Town of Southwick  
Council on Aging  
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COUNCIL ON AGING BOARD MEETING  
Monday, October 16, 2017

Meeting held at Senior Center Meeting Room, called to order by Paula LeBlanc 10:05 AM.

Present: Roy Benson, Herb Pace, Joan Plancon, Cindy Sullivan, Carol Laughlin, Paula LeBlanc, Donna Charron, Associate member, Harriet Fischer

Absent: Mary Jane Connolly

No Public Comment

Minutes reviewed—motion made to accept by Herb, seconded by Roy, no discussion, motion carried unanimously

Bills needed to be signed.

**New Business:**

Update from COA director:

- There is a large puzzle that needs to be framed it is 30 X 40. Cindy checked online and the frames of that size are around \$100. A suggestion was made to see if the vocational school could make one. Carol made a motion to purchase the frame online if the school cannot make one. Donna seconded the motion and it carried unanimously.
- On 11/17 there will be a Breakfast for Mary Alice Martin, thanking her for her 25 years on the board, also recognizing her for her dedication to starting the Friends of the Southwick Seniors. It will start at 8:30. A glass globe will be presented to her. A motion was made to add a Leaf to the plaque in her name by Donna and seconded by Roy, carried unanimously.
- The Pen Pals and Reading program at the school has started again. There are 16 pen pals, and 12 readers. Julie is now a reading coach, but will be running the program every other week.

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- The town has a new website and you can register to have alerts when things are added.  
[www.Southwick.Ma.Org](http://www.Southwick.Ma.Org).

Updates on:

Classes: No Zumba teacher yet, Will ask Amy if she could do every other Friday and alternate with Yoga Dance teacher.

Chair Yoga, has large numbers

Tai Chi, Big interest, 15 or 16 participants

Yoga Dance every other Friday is well received

Transportation: Van going in for service on muffler. Gas will be available at DPW garage now.

Dining Center: Second meal available every day, selection changes every week. Not going over well. Issues to work out, and it is hard to keep track of who ordered what. Harriet volunteered to help Denise keep track. Butter packs hard to open. Carol will bring up at HVES meeting.

Brown Bag: working well, packages getting picked up and Chester delivers excess food to Food pantry.

Finances: OK, classes bring in money. State is behind, and Cindy waiting to put in Formula Grant, not sure what it will be and when money received.

Old Business:

Flu Clinic: 85 people attended.

Health Fair: small turnout, but a lot of health fairs in the area at that time. Maybe try the spring.

House Numbers: 50 seniors signed up. Waiting for posts to come in. Westfield Evening News is getting the posts for us at their cost. Fire dept is handling that. Will need help putting the numbers on the signs. Maybe the High School or Scouts can help install them.

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10/25 will be the Halloween party at the Center. At 10:30 candy will be handed out to pre-schoolers.

Birthday party will be held during lunch for those who were born in Aug, Sept. or Oct. December 13<sup>th</sup> will be the Christmas party at Tuckers. High School Band will play at our Candy Cane Extravaganza.

The Friends of the Seniors have purchased and donated a new tree for the dining room. It will be going up in November.

Motion to adjourn at 11:02 by Herb, seconded by Joan.

Herb made motion to adjourn, seconded by Carol, motion carried unanimously.  
Meeting adjourned at 11 AM

Next Meeting Monday, October 16, at 10:00 AM

Respectfully submitted  
Carol Laughlin