

The Messenger



May 2018

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Council On Aging

454 College Highway

Southwick, MA 01077

www.southwickma.org/COA



Paid In Part By
Executive Office Of Elder Affairs

A Newsletter For Southwick's Senior Community

FRTA INFO:

The Franklin Transit Authority will be increasing their fees beginning on July 1st. Fares will be increased by .25 cents per ride. Town trips will now be \$1.25, out of town trips will be \$1.75 and beyond adjacent town trips will be \$2.25. Trips to the Senior Center will be .75cents. There has not been an increase in fares since 2009. This is not a Town of Southwick or a Senior Center decision. These fares are collected by the FRTA and given directly to the FRTA. Please call with any questions.

Town of Southwick Senior Citizen Tax Work-Off Program

Applications for this year program will be available beginning on May 4th. You must make an appointment with the COA Director to **turn in your application and all supporting documents by May 31st**. You can't drop off applications without an appointment. The purpose is to allow qualified Southwick taxpayers to perform volunteer community service for participating Town departments in order to receive abatement on their property tax. The goal is to enhance municipal service by utilizing the skills of senior citizens in various departments throughout town. There will be (10) available positions on a lottery basis; Applicants are eligible for one year unless there are positions that remain open. Please don't delay this program starts very soon. The qualifications for the program can also be found on our website at www.southwickma.org/COA.

**ATTENTION: The Senior Center will be
closing on Thursday
May 24th at 11:00am**



**so we can celebrate our
Volunteers off site. This
includes lunch, and
cards. Thank you for
your understanding.**

Friends of the Southwick Senior Center Tag Sale

On Saturday May 5th, the Friends of the Southwick Senior Center will hold an outside tag sale on the grounds of the Southwick Town Hall from 9-2 Please come by and support the Senior Center. There will be something for everyone. Rain Date is May 19th.

Come kick off the summer with our 6th Annual LUAU:

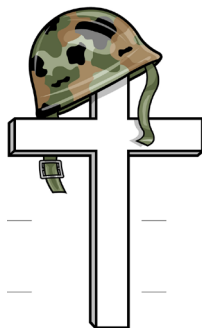


June 27th from 11:00am - 1:00pm. This event is being generously sponsored by the Southwick Fire Department. There will be a spectacular performance presented by Polynesian Dancers. The cost of this great activity will be \$2.00. Come enjoy food, snacks and lots of fun. We will have prizes for best Luau outfit. You will not want to miss this event. Please sign up for this event in the

dining room. Space is limited so sign up soon!!!

Memorial Day Breakfast

Come enjoy a hot breakfast on Tuesday May 22nd. We will be serving pancakes with strawberries and blueberries, sausage, and fruit. The event will begin at 8:30am. The cost is \$2.00. Veteran's eat FREE. Please sign up.



Southwick Public Library Book Sale

The book sale at the library will be on May 3rd and May 4th from 10am to 5pm and on Saturday May 5th from 10am to 1pm.

Mary Milligan is turning 100 years old



We will be celebrating Mary Milligan's 100th birthday at the Southwick Senior Center on Thursday May 3rd. Please sign up for a wonderful lunch of either Pot Roast or Macaroni and Cheese (cost is \$3.00) and enjoy cake and ice cream for Mary. You must sign up for lunch by May 2nd to participate in the festivities so we have an accurate count. Please call 569-0410 to reserve your spot.

Clear Captions

The company clear captions will be at the Senior Center on Tuesday May 8th at 11am to discuss a free home phone for the hearing impaired. If this topic interests you please come in for their presentation.



Massbar

A Massbar Association representative will be at the Senior Center in late May. Please call the Senior Center or watch Channel 15 for date and time.

Taco Wednesday

We will have a special lunch in the dining room on **Wednesday May 9th**. We will be serving Taco's with the fixings. The price of this event is \$4.00. Please sign up in the dining room asap.

Tap Dancing Class



We will begin a Tap Dancing class beginning on Monday May 7th at 11:15am. The first class is FREE! Classes after that will be \$5.00. The first few classes will determine if we do this class in the Fall. If you are interested but can't attend on May 7th please call the office.

Upcoming Trips



Please note all trips must be paid one week prior to the event. If this is not done you will lose your seat on the van. Southwick residents will receive seating first

Crane Museum of Papermaking

This trip will be held on Thursday May 17th. We will be heading to Dalton, MA to see the papermaking company which makes paper for printing money. We will leave the Senior Center at 11:00am. We will stop at Jacob's Restaurant for before going to the museum. The cost of the trip is \$3.00 and lunch is at your own expense.

Lake Webster Lunch at Indian Ranch & Boat Ride

This trip will be held on Wednesday May 23rd. We will leave the Senior Center at 8:45am. We will eat at the Ranch and then enjoy a boat ride on Webster Lake. The cost of the trip is \$55.00 and will include a wonderful lunch of either Herb Crusted Pork Loin, Baked Cod or Chicken Marsala. Sign up and pay by April 30th.

Essex Steam Train & Riverboat

This trip will be held on Thursday June 21st and Tuesday August 7th. We will leave the Senior Center at 9:00am. The cost of the trip is \$54.00. You will enjoy a 3 course meal on a leisurely ride on the Steam Train then you will go onto the boat and travel up the river and then return train for a return ride. Please sign up and pay for the June trip no later than May 25th.

Main Fish Market and Restaurant

This trip will be held on Wednesday June 13th. Come and enjoy lunch of seafood. The van will leave the Senior Center at 11:00am. The cost is \$2.00 and lunch will be at your own expense. Please sign up in the office asap.

Bernie's Restaurant Lunch

This trip will be held on Tuesday May 15, 2018. The van will leave the Senior Center at 11:00am. The cost is \$2.00 and lunch is at your own expense. Please call the office to sign up.

Holyoke Mall

The volunteer van will be heading to the Holyoke Mall Monday May 14th, for a day of shopping. We will leave the center at 9:30am and return at 1:00pm.. Please call or stop by the office to reserve a seat.

Southwick Public Library Book Sale

The book sale at the library will be on May 3rd and May 4th from 10am to 5pm and on Saturday May 5th from 10am to 1pm.

Cinemark Classic Wednesday Movies

We will have several trips going to the movies this summer. Sign up in the dining room for lunch and then leave for the movie at 12:45pm. The cost is \$6.50 for the movie. The movies will be on:

June 6th: Producers

July 18th: Big

August 29th: South Pacific

In Memoriam

Our Condolences to Family and Friends

Elizabeth Cassin

Harold Steward

Stella Onyski

Debra Houghton

John D. Ryan

Gertrude Atteridge: Trudy as she liked to be called was a volunteer at the Southwick Senior Center for many years. She volunteered with her husband Bill delivering meals on wheels to our most needy Seniors. She also volunteered to fold our newsletters until very recently. Trudy's big smile and her loving personality will be missed at the Senior Center.

May Calendar

Thurs.	3	100th Birthday Party - reservation needed in advance
Fri.	4	9:00am Veteran's Representative
Sat.	5	8am-2pm Friends Tag Sale outside Town Hall
Tues.	8	11:15am Brown Bag
Wed.	9	11:30am Taco Lunch
Thurs.	10	10:00am Sturbridge Lake Trip
Mon.	14	9:00am Holyoke Mall Trip
Tues.	15	11:00am Bernie's Restraunt
Wed.	16	by appt Avada Hearing
Thurs.	17	11:00am Crane Museum and Papermaking
Thurs.	17	10:30am Blood Pressure
Fri.	18	9:00am Veteran's Representative
Mon.	21	by appt Foot Nurse
Tues.	22	8:30am Memorial Day Breakfast
Wed.	23	8:45am Lake Webster Lunch & Boat Ride
Thur.	24	Closing @ 11:00am Volunteer Luncheon
Mon.	28	CLOSED Memorial Day

CLASS SCHEDULE

Mon.	9:00	Quilting & Needlework	
	10:00	Chi-Gong	\$3.00
Tues.	9:30	S.A.F.E for Seniors	\$3.00
	11:00	Tai-Chi	\$3.00
	12:00	Painting	\$3.00
	12:30	Poker	
	1:00	Cribbage	
Wed.	10:00	Line Dancing	\$2.00
Thur.	9:00	Yoga	\$3.00
	12:30	Poker	
Fri.	10:30	Swimming Aerobics	\$25.00
Pre-Paid for 5 Classes Held at Wilderness Experience			
	9:15	Chair Yoga	\$3.00
	10:30	Yoga Dancing	\$5.00
	11:30	Zumba	\$4.00
	12:30	Writer's Workshop	
COA Office 569-5498 • Dining Center 569-0410			

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SOUTHWICK COUNCIL ON AGING

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