



Board of Health Town of Southwick

454 College Highway, Southwick, MA 01077
Phone: (413) 569-1212 Fax (413) 569-5284

MINUTES June 8, 2023

OPENING: The regular scheduled meeting of the Board of Health opened at 6:00 p.m. The following members were in attendance:

Tom Hibert - Health Director
Sue Brzoska - Chairperson
Dr. Terry Putnam – Member
Mikenzie Cain – Vice Chairperson
Christine Southworth – Public Health Nurse

The Board welcomed new Board of Health Administrative Assistant- Meghan Lightcap.

PUBLIC COMMENT

There was no public comment.

MINUTES

The minutes from the May 4, 2023 were signed by Ms. Cain.

Ms. Brzoska made a motion to accept the minutes from May 18, 2023. Ms. Cain seconded the motion. The roll call vote was unanimous in favor to approve.

PUBLIC HEALTH NURSES' REPORTS

See attached.

DISCUSSION

Tom Fitzgerald/Conflict of Interest Law- Mr. Fitzgerald explained that Joe Deedy asked him to design a new septic for the former Open Pantry property. He spoke with Michael McDonald on the state ethics board and he told him there should be no conflict of interest. The Town Counsel will send something via email to him confirming this.

HEALTH DIRECTOR'S REPORT

Mr. Hibert explained that there was a mix up with meeting rooms for that day and they made a quick last minute change to meet in the Land Use room.

Disposal Septic System:

- Percolation tests were performed at:
 - Oak Ridge Estates (Mort Vining Road Subdivision)
 - 58 Hastings Road- repair
 - Tannery Road Lot
- Certificate of Compliance
 - Lot 8 and 9 Mort Vining Road
 - 9 Tall Pines Trail
 - 6 Tall Pines Trail
- Final Inspections were done at:
 - 5A Sawgrass Lane
 - 3 Pondview Lane
- Disposal Septic System Plans were approved for:
 - None

Housing Inspection:

- 440 College Highway – (Closed)
- 16 Congamond Road – (Closed)
- 32 Lakeview Street (Town property) and 48 Lakeview Street (privately owned) – Mr. Hibert is still waiting for advice from Town Counsel as to how to proceed.

Food Service Inspection:

- None

Other:

- Southview Condos
 - They have a pool and could not find records for their Virginia Graham Baker drain cover. Mr. Hibert said it looks new and was told it was replaced when they put in a new liner 2-3 years ago. He asked them to get him the records.

MEETINGS

- HCHC Meeting
- PHE Grant Meeting

TENTATIVE SUMMER MEETING SCHEDULE

- July 6, 2023
- August 3, 2023
- September 7, 2023
-

ADJOURNMENT

The next meeting is scheduled for July 6, 2023 at 6:00 p.m.

Ms. Brzoska made a motion to adjourn the meeting at 6:38 pm. Ms. Cain seconded the motion. The roll call vote was unanimous in favor.

Respectfully submitted,
Meghan Lightcap
Administrative Assistant Planning Board/Board of Health

Tom Hibert, Health Director

Sue Brzoska, Chairperson

Dr. Terry Putnam, Member

Mikenzie Cain, Vice-Chairperson

Date

Monthly Report Tricia Sedelow PHN

Southwick, Granville and Tolland

May 2023

Southwick –

Health fair held on May 17 – successful event, many vendors expressed interest in doing this annually

Worked the food pantry tag sale May 19

Food pantry had extra donations of incontinence briefs – I brought them on May 22 to the Friends of the Homeless and St. Luke's Rest Home in Springfield. Both organizations very thankful for the donation.

Food pantry meetings and providing literature for distribution

Working with Cindy Sullivan to set up presentations at the senior center

Tolland –

Coffee hour with seniors at the public safety complex twice a month and blood pressure clinic monthly

Office space at town hall once a month

Each month I create a list of events and activities at Southwick Senior Center to post on the Tolland website

Working with Resource Nurse in Tolland to set up presentations on the summer luncheons for the seniors (June 12, July 13, Aug 10)

Working on a Tick presentation for the seniors at a luncheon

Granville –

Thursday at Granville library and town hall/alternating schedule

Working with librarian to set up several presentations in the next few months (June 5, June 21, July 24)

Other (for all towns):

Attended the MA Public Health Nurse Conference on May 3 and 4th.

Public Health Skywarn Training offered – I took the course and passed the test and will report weather emergencies

MAVEN cases

DPH webinars

MAPHN Meeting monthly

Research health information, up to date articles, NAACHO website/emails, programs for towns

May

Southwick

Influenza – 1

Lyme – 1

Investigations

Group A Strep – 1

Cryptosporidiosis – 1

Campylobacter – 1

Yersiniosis – 1

Norovirus - 1

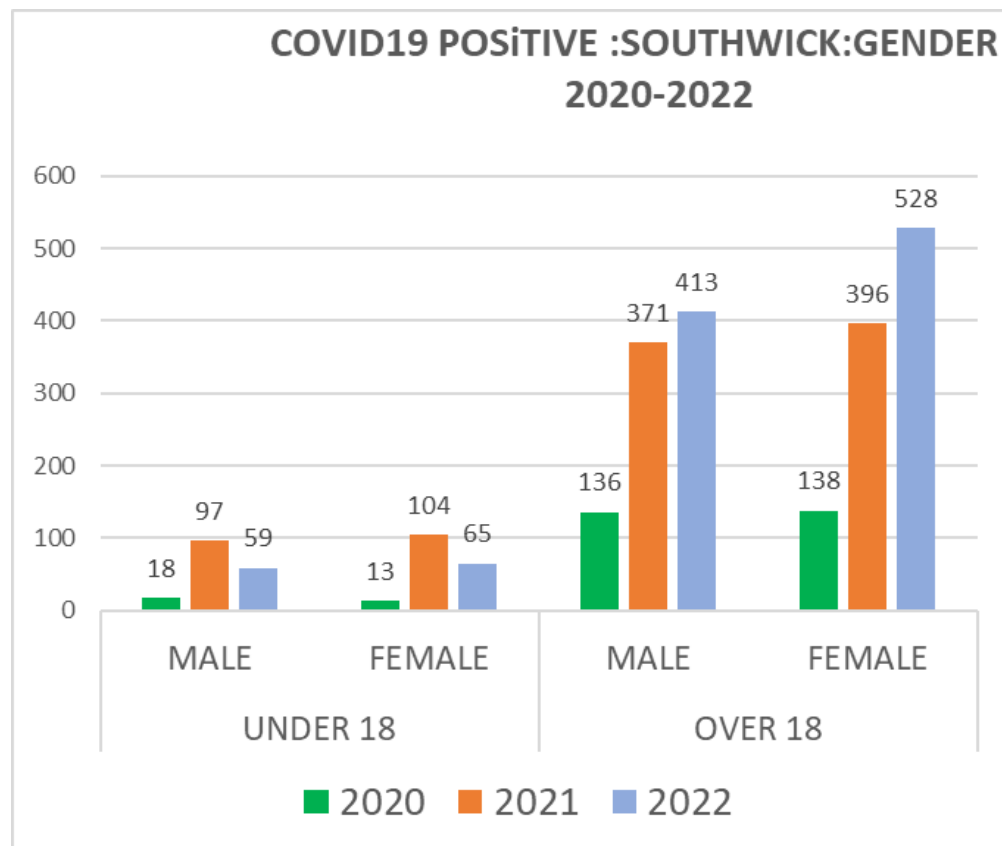
Granville

Hep C – 1

Lyme - 1

Tolland

NONE



Russell Maven ---Flu 1

Held weekly nurse hours on Thursdays at the COA

Health information posted in town paper, (ticks and lyme prevention)

Attended Office of Consumer Affairs Scam/Fraud presentation at COA (9 attendees, 3 BPs.)

Changed health information flyers at COA, Town Hall, Post Office and added Transfer Station. Library wants stress/anxiety info to continue in June for parents due to school vacation.

Blandford Maven ---Covid 1, Lyme 1 (Lyme case called with contact info, no return call.)

Monthly Creative Mindfulness workshop started at Country Store- 9 participants

Attended and assisted with COA lunch and breakfast BPs taken

Held nurse hours on Mondays, when not at COA on Fridays

Health education changed with hand-outs at BOH, COA and Post Office (Ticks and Food Safety)

Montgomery Maven no cases

Held weekly nurse hours for BPs and questions

Have select board permission to use COA funds for seniors, currently \$11,000. Will fund foot care clinic for residents.

Met with seniors at The Grill for announcements of local COA events and wellness -- safe drug disposal and tick tips.

Working with town administrative assistant to buy new Town Hall AED supplies, pads and batteries.

- Attended 2 day MAPHN conference
- Met with Hilltown Community Outreach Center. They are offering free chronic disease education sessions online to the population.
- Health Fair –about 50 participants. Asked attendees how they liked the fair. Attendees stated they received lots of information, more than expected. Vendors interviewed, all satisfied with the turn out and felt supported. 21 Covid shots were administered.
Challenges were the Town Hall roof work, lack of parking and Bingo from 1pm-3pm, (no traffic at those times) Some seniors felt it was too far to walk to the auditorium.
We featured info on ticks, emergence preparedness, hypertension, salmonella/poultry, public health nursing and sun safety. We gave away water, snacks, tick ID cards and reusable bags.
- Attended Racial Equity 101 Webinar (3 hours)
- Foot care by Nurses are creating a plan for Montgomery, Russell and Blandford clinics.
- Signed up for Bingocize facilitator training through HVES. Southwick COA is interested in a pilot program. Plan to bring program to towns. Bingocize is an evidence based program that combines bingo, exercise and health information.