



## **Board of Health Town of Southwick**

454 College Highway, Southwick, MA 01077  
Phone: (413) 569-1212 Fax (413) 569-5284

### **MINUTES May 18, 2023**

**OPENING:** The regular scheduled meeting of the Board of Health opened at 6:00 p.m. The following members were in attendance:

Tom Hibert - Health Director  
Sue Brzoska - Chairperson  
Dr. Terry Putnam – Member

The Board of Health welcomed Dr. Terry Putnam, their newly elected member. Dr. Putnam has a Doctorate of Nursing Practice from Quinnipiac University.

Dr. Putnam made a motion to appoint Ms. Brzoska as the Board of Health Chairperson. Ms. Brzoska seconded the motion. The roll call vote of the Board was unanimous in favor.

The Board of Health gave Dr. Putnam a brief overview of the Board's procedures and current issues.

#### **PUBLIC COMMENT**

There was no public comment.

#### **MINUTES**

The minutes from the May 4, 2023 meeting were not available.

#### **PHYSICIAN'S AGREEMENT**

Dr. James Wang signed the Health Care Consultant Contract and the Standing Orders effective June 1, 2023. The contract will automatically renew annually unless either party wants to terminate it.

#### **HEALTH DIRECTOR'S REPORT**

##### **Certifications:**

As per Mr. Hibert's *Letter of Employment* -

Mr. Hibert received his *Swimming Pool Operator (CPO)* certificate.

He also received his *Department of Environmental Protection Septic System Inspector (SI)* certificate.

##### **Disposal Septic System:**

- Percolation tests were performed at:
  - 59 College Highway apartments (repair)
  - Lots 26, 27, 28 Oak Ridge Estates on Mort Vining Road
- Final Inspections were done at:

- Lot 8 and Lot 9 Mort Vining Road
- Disposal Septic System Plans were approved for:
  - 58 Vining Hill Road (repair) – Local Upgrade Approval granted for distance from the dwelling's well.
  - 352 North Loomis Street (repair) – Local Upgrade Approval granted for the distance from the dwelling's well.
  - 45 North Lake Avenue (repair)
  - 13 North Pond Road (new)
- Steve Salvini is addressing the septic system capacity at Crepes Teahouse. According to Title V, the septic system capacity can be determined based on the actual water usage.

### **Housing Inspection:**

2 Lakemont Street – dwelling is unoccupied. New owner is correcting violations.

440 College Highway – Fire Department inspected Smoke Detector installation. Mr. Hibert will conduct final inspection.

16 Congamond Road – The trash is still on the property. Mr. Hibert sent a violation letter to the Housing Authority and the tenant.

32 Lakeview Street (Town property) and 48 Lakeview Street (privately owned) – Mr. Hibert is still waiting for advice from Town Counsel as to how to proceed.

### **Food Service Inspection:**

- Four Dads – Mr. Hibert did another joint inspection with the Building and Plumbing Inspectors. There were issues with the hand sink location and vents. The outside bar will not require a sink since there will be no food preparation.
- K & Co – seasonal Mobile Food truck for the Bar Shoppe and Brass Rail events.

Mr. Hibert will inspect the following Mobile Food trucks on Saturday, May 20<sup>th</sup> at Westfield River Brewery:

- Saucy Mama
- Batch Ice cream
- Cousin's Maine Lobster

### **Pool Inspection:**

- Wilderness Experience
- Sodom Mountain Campground – There was discussion as to the food permits the campground required.

### **PHE GRANT**

There will be a PHE grant meeting on May 25<sup>th</sup>. The budget and the Inter-Municipal Agreement (IMA) will be discussed.

### **MEETINGS**

Mr. Hibert was unable to attend the Western Massachusetts Public Health Association (WMPHA) meeting. The new Housing Code was in effect May 12<sup>th</sup>.

## **ADJOURNMENT**

The next meeting is scheduled for June 8, 2023 at 6:00 p.m. This is the second Thursday in June.

Dr. Putnam made a motion to adjourn the meeting at 7:42 pm. Ms. Brzoska seconded the motion. The roll call vote was unanimous in favor.

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Tom Hibert, Health Director

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Sue Brzoska, Chairperson

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Dr. Terry Putnam, Member

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Mikenzie Cain, Vice-Chairperson

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Date

**Russell** Maven ---Flu 1

Held weekly nurse hours on Thursdays at the COA

Health information posted in town paper, (ticks and lyme prevention)

Attended Office of Consumer Affairs Scam/Fraud presentation at COA (9 attendees, 3 BPs.)

Changed health information flyers at COA, Town Hall, Post Office and added Transfer Station. Library wants stress/anxiety info to continue in June for parents due to school vacation.

**Blandford** Maven ---Covid 1, Lyme 1 (Lyme case called with contact info, no return call.)

Monthly Creative Mindfulness workshop started at Country Store- 9 participants

Attended and assisted with COA lunch and breakfast BPs taken

Held nurse hours on Mondays, when not at COA on Fridays

Health education changed with hand-outs at BOH, COA and Post Office (Ticks and Food Safety)

**Montgomery** Maven no cases

Held weekly nurse hours for BPs and questions

Have select board permission to use COA funds for seniors, currently \$11,000. Will fund foot care clinic for residents.

Met with seniors at The Grill for announcements of local COA events and wellness -- safe drug disposal and tick tips.

Working with town administrative assistant to buy new Town Hall AED supplies, pads and batteries.

- Attended 2 day MAPHN conference
- Met with Hilltown Community Outreach Center. They are offering free chronic disease education sessions online to the population.
- Health Fair –about 50 participants. Asked attendees how they liked the fair. Attendees stated they received lots of information, more than expected. Vendors interviewed, all satisfied with the turn out and felt supported. 21 Covid shots were administered.

Challenges were the Town Hall roof work, lack of parking and Bingo from 1pm-3pm, (no traffic at those times) Some seniors felt it was too far to walk to the auditorium.

We featured info on ticks, emergence preparedness, hypertension, salmonella/poultry, public health nursing and sun safety. We gave away water, snacks, tick ID cards and reusable bags.

- Attended Racial Equity 101 Webinar (3 hours)
- Foot care by Nurses are creating a plan for Montgomery, Russell and Blandford clinics.
- Signed up for Bingocize facilitator training through HVES. Southwick COA is interested in a pilot program. Plan to bring program to towns. Bingocize is an evidence based program that combines bingo, exercise and health information.

## Monthly Report Tricia Sedelow PHN

Southwick, Granville and Tolland

May 2023

### **Southwick –**

Health fair held on May 17 – successful event, many vendors expressed interest in doing this annually

Worked the food pantry tag sale May 19

Food pantry had extra donations of incontinence briefs – I brought them on May 22 to the Friends of the Homeless and St. Luke's Rest Home in Springfield. Both organizations very thankful for the donation.

Food pantry meetings and providing literature for distribution

Working with Cindy Sullivan to set up presentations at the senior center

### **Tolland –**

Coffee hour with seniors at the public safety complex twice a month and blood pressure clinic monthly

Office space at town hall once a month

Each month I create a list of events and activities at Southwick Senior Center to post on the Tolland website

Working with Resource Nurse in Tolland to set up presentations on the summer luncheons for the seniors (June 12, July 13, Aug 10)

Working on a Tick presentation for the seniors at a luncheon

### **Granville –**

Thursday at Granville library and town hall/alternating schedule

Working with librarian to set up several presentations in the next few months (June 5, June 21, July 24)

### **Other (for all towns):**

Attended the MA Public Health Nurse Conference on May 3 and 4<sup>th</sup>.

Public Health Skywarn Training offered – I took the course and passed the test and will report weather emergencies

MAVEN cases

DPH webinars

MAPHN Meeting monthly

Research health information, up to date articles, NAACHO website/emails, programs for towns

May

Southwick

Influenza – 1

Lyme – 1

**Investigations**

Group A Strep – 1

Cryptosporidiosis – 1

Campylobacter – 1

Yersiniosis – 1

Norovirus - 1

Granville

Hep C – 1

Lyme - 1

Tolland

NONE

