



COMMONWEALTH OF MASSACHUSETTS

Town of Southwick
Council on Aging

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COUNCIL ON AGING BOARD MEETING

Monday, August 14, 2017

Meeting held at Senior Center Meeting Room, called to order by COA Director Cindy Sullivan at 10:07 AM

Present: Herb Pace, Roy Benson, Joan Plancon, Paula LeBlanc; Associate members: Donna Charron, Harriet Fisher, COA Director Cindy Sullivan

Absent: Mary Jane Connolly, Mary Alice Martin, Carol Laughlin

No Public Comment

Minutes reviewed-motion made to accept by Joan, seconded by Roy, no discussion, motion carried unanimously

New Business

Update from COA Director

-Donna, Harriet, and Paula were sworn in by Jessica

A nomination was made by Donna to fill the vacant vice chairperson position with Paula. No other nominations were made. Roy made the motion to elect Paula to that position, seconded by Herb, no discussion, motion carried unanimously. Joan nominated Carol to fill the now vacant secretary position. No other nominations were made. Herb made the motion to elect Carol to that position, seconded by Paula. Cindy informed the Board that she had already discussed this with Carol and she would accept this position; motion carried unanimously. Just before this meeting, Mary Alice informed the Board, she would like to change her status to Associate member. Cindy said she will follow the proper procedures to honor her request. This will be discussed at a future board meeting. The Board will welcome two new Associate members, Patricia Phillips and Theresa Rogers.

-The End of Summer Party will be Wednesday, August 23. It will be a Pizza Party. The cost is \$4.00/person. About 20 people have signed up already. Cindy and Andrea will prepare salad to be included, drinks will also be provided.

-Sadly we are mourning the passing of our Tai Chi instructor, Judy Laiuppa. She will be honored with a gold leaf on our Tree at the Senior Center, and also in our Newsletter.

-A new bench (thank you, Roy) will be installed outside so seniors may sit when waiting for the bus. It will be sturdy and secure. Much discussion was held to decide type. Herb made the

motion to accept the bench, Joan seconded, motion carried unanimously. Thank you Southwick town officials.

Updates on:

Classes-will begin the week of September 11th. Cindy has been interviewing possible Tai Chi teachers. A demonstration will be presented by a possible instructor on Tuesday, August 15. More information to follow. Discussion continued about beginning playing Cribbage at the Senior Center. This will start on Wednesday, September 13th. at 1:00 PM. This information will be in the newsletter. If successful, the group can decide the day and time they want to play. Our Chair Yoga instructor resigned. Kathleen, current Chi-Gong instructor will start the classes in September. Lastly, Cindy is checking into a possible Pilates class.

Transportation-Fine, numbers are up. Many trips are available. We have a new driver, Ken Johnson.

Dining Center-Has been rearranged to provide more space, and easier access to move throughout.

Brown Bag-Great. Everyone is called and reminded to come in. Any leftovers are brought to the local food pantry.

Finances-Good

Old Business

- The exercise room will be painted on Thursday, August 24th.

- There is enough money to have Meals on Wheels every day. Just waiting for Highland Valley to approve. It appears they are waiting for their fiscal year to end (end of September) before they approve.

Herb made the motion to adjourn, Roy seconded, no discussion, motion carried unanimously. Meeting adjourned at 10:55 AM.

Next meeting Monday, September 11, 2017 at 10:00 AM.

Respectfully submitted

Paula LeBlanc