

# COMMONWEALTH OF MASSACHUSETTS Town of Southwick Council on Aging 454 COLLEGE HIGHWAY, SOUTHWICK, MA 01077 Telephone (413) 569-5498 Fax (413) 569-5327

## COUNCIL ON AGING BOARD MEETING Monday August 14, 2023

Meeting called to order by Paula LeBlanc 12:30 p.m. in Land Use Room

Present: Paula LeBlanc, Carol Laughlin, Carol Smith, Harvey Hollm, Theresa Rogers, Jack Pocai, Elaine Boucher and Director Cindy Sullivan

Absent: Donna Foisy, Harriet Fischer

#### **No Public Comment**

#### **Minutes Reviewed:**

June 2023 minutes reviewed and accepted. Motion made by Jack Pocai and second by Theresa Rogers. Accepted by roll call vote.

#### **New Business:**

- a. Director Goals and Objective-Board letter to support Cindy, approved, discussion and motion to accept by Jack, second by Theresa Rogers. Roll call to accept.
- b. Pastel Painting Jellyfish on Thursday. Provided by a Grant.
- c. Pancake breakfast on August 31st. 8:30am to 10:00am. Also meet and greet with police, fire, instructors, Select board etc.
- d. Discussion to discuss Senior Center space and future expansion etc.

Cindy will send a letter to the Select board to notify them of our thoughts. Jack made a motion to accept, Paula seconded it. Roll call unanimous.

### **Update about Programs**

Dining room - numbers are down for pickup. Hoping more people come in to dine. Will be checking with Highland Valley to see if we will go back to plated meals soon.

Brown Bag - second Tuesday of the month. Smaller numbers of bags being made.

Finances - are in good shape, Budget year coming. Formula grant is now at \$14 per person from the state. Which gives COA about \$42000.00, based on 3022 seniors in town.

Garden Club - had a late start, Boys and Girls club plus a few seniors are taking care of it. Students picked things to make Salsa. Joyce Bannish and Sandy Organowski are working with the students, more seniors are welcome.

Pickle Ball - very popular. Cindy working on setting it up at Senior Center and Whalley Park. Specific time will be for seniors, public can use other times.

Motion to adjourn by Jack seconded by Theresa. Accepted unanimously by rollcall

Next Meeting, Monday, September 11, 2023 at 12:30pm.

Respectfully submitted,

Carol Laughlin